Watrous Ju-No-Ri Provincial Judo Tournament

Saturday, November 21, 2026

Location: Winston High School, 202, 6th Ave East, Watrous, Sask.

Tournament Director: Glen Miller gmiller7311@gmail.com
Ryan Klenk-Potts sidewinder_102@hotmail.com

Eligibility: All athletes must be registered and in good standing with Judo Saskatchewan

Weigh In Time: November 21st, 8:00-10:00 AM ALL divisions

Order of Events:

10:00AM	Warm-up with Josh Hagen, Judo Sask Provincial Coach
10:00AM	Referee/Coaches Meeting with Robb Karaim-Chief Referee
10:45AM	Competition Begins

Divisions & order:

1. U10, U12 & U14 (ne-waza & shiai) + Canada Winter Games Qualifier
2. U16 & Senior (ne-waza & shiai)

Registration: **Pre-registration required:** Deadline to register is November 17, 2025
Registration Link: Dokume Registration Link

Entry Fee:

First Division:	$40	
Additional division:	$10	*An athlete may compete in one additional age category. Athlete may only compete in proper weight class*

NOTE: Payment by cash or e-transfer at registration.

Tournament Guidelines:

- SANCTIONING POLICY & TOURNAMENT STANDARDS 2026-2027
- Modified Judo Canada Tournament Sanctioning rules will apply.
- **All competitors *must* have a white judogi.** Blue judogis can only be worn when the athlete is the second competitor in a match. All judogis must be regulatory size.
- White belts and white/yellow split belts may participate in ne-waza only.
- Age and Weight classes may be combined if unsuitable numbers of athletes are registered in a weight division.
- Plain white short-sleeved rounded-neck shirt under their judogi.
- NO pants below the knee to be worn under the gi pants (Shorts under the gi pants will be allowed)
- Hair must be worn up above the shoulders (male & female), hair bands may not contain any metal or hard plastic.
- All piercings, jewelry and bracelets must be removed.
- No use of bleeding dyes on the body or hair of competitors is allowed. In cases such use is undetected and results in damage to the equipment of the opponent or the tatami, the competitor will be disqualified, and the member will be charged for the damage.

Categories: *The tournament director reserves the right to make any changes necessary in the best interest of the athletes.*

U10 – Born in 2018-2019 Male and Female will be separate

Draws will be made based on entries. Attempts will be made to get all competitors 3-4 matches. No Golden Score.

- Ne Waza Divisions – Open to athletes' white belt and higher, **2 minute matches, continuous time.**
- Tachi Waza Divisions –Open to athletes' yellow belt & higher,**2 minutes, continuous time.Bout ends after 2 Ippons**

Kumi Kata (grip) is allowed only at the front of the judogi.
No drop techniques, no headlock techniques, no Sutemi-waza, no makikomi-waza, no kansetsu-waza, no shime-waza, no sankaku gatame or sankaku rollovers. No scoring of counter rotation techniques against one-legged throws.

U12 – Born in 2016-2017 Male and Female will be separate

Draws will be made based on entries. Attempts will be made to get all competitors 3-4 matches. No Golden Score.

- Ne Waza Divisions – Open to athletes' white belt and higher, **2 minute matches, continuous time.**
- Tachi Waza Divisions –Open to athletes' yellow belt & higher, **2 minutes, stop time. Bout ends after 1 Ippon**

Kumi Kata (grip) is allowed only at the front of the judogi.
No drop techniques, no headlock techniques, no Sutemi-waza, no makikomi-waza, no kansetsu-waza, no shime-waza, no sankaku gatame or sankaku rollovers. No scoring of counter rotation techniques against one-legged throws.

U14 – Born in 2014-2015 – 3 minute matches. No Golden Score

Male: -32, -35, -38, -42, -46, -50, -55, -60, -66, +66Kg
Female: -30, -33, -36, -40, -44, -48, -52, -57, -63, +63Kg
No drop techniques in novice divisions, no headlock techniques in tachi-waza, no Sutemi-waza in novice divisions, no makikomi-waza in novice divisions, no kansetsu-waza, no shime-waza, no sankaku gatame or sankaku rollovers. No scoring of counter rotation techniques against one-legged throws.

U16 – Born in 2012-2013 (Early Bloomer 2014)– 3 minute matches, Unlimited Golden Score

Male: -38, -42, -46, -50, -55, -60, -66, -73kg, +73Kg
Female: -36, -40, -44, -48, -52, -57, -63, -70, +70Kg
No kansetsu-waza for any competitors, no shime-waza, sankaku gatame or sankaku rollovers for yellow and orange belts.

Senior – Tachi Waza: Born in 2012 and older (Early Bloomer 2013) – 4 minute matches, Unlimited Golden Score

Male: -60, -66, -73kg, -81, -90, -100, +100Kg
Female: -48, -52, -57, -63, -70, -78, +78Kg
No kansetsu-waza, shime-waza, sankaku gatame or sankaku rollovers for yellow and orange belts.

Senior – Ne Waza: **Born in 2012 and older (Early Bloomer 2013) – 4 minute matches, Unlimited Golden Score**

Male: -66, -81, +81Kg
Female: -52, -63, +63Kg
No kansetsu-waza, shime-waza, sankaku gatame or sankaku rollovers for yellow and orange belts.

🍔 ONSITE CANTEEN AVAILABLE! 🥤

Keep fueled throughout the event with a great selection of food, snacks, and refreshing drinks available for purchase!

💵 *Please note: Cash only. Be sure to bring cash!*

Provincial Training on Sunday, November 22, from 10:00 AM–12:00 PM

Led by Josh Hagen, Judo Sask Provincial Coach

Everyone Welcome!